

Table S4. Symptom coverage of the SBQ-LC (Version 1.0) per domain of the conceptual framework (n = 17)

<p>Breathing</p> <p>Shortness of breath (sitting) Shortness of breath (climbing stairs) Shortness of breath (lying flat) Wake up short of breath Breathing faster than usual Chest tightness Wheezing (noisy breathing)</p>	<p>Ear, Nose & Throat</p> <p>Altered smell (foods/objects smelling different to usual) Altered taste (foods tasting different to usual) Sneezing Stuffy, runny nose Sinus congestion Production of mucus (phlegm) Cough Sore Throat Hoarse voice (change in voice quality) Difficulty swallowing food or drink Ear pain New hearing loss Tinnitus (Noises or ringing sounds in your ears) Sensitivity to sound</p>
<p>Pain</p> <p>Chest pain Pain on breathing Shooting or stabbing pain Aching or burning pain</p>	<p>Stomach & Digestion</p> <p>Belly/tummy pain Bloating Nausea (urge to vomit) Indigestion and heartburn Weight loss Weight gain Diarrhoea Constipation</p>
<p>Circulation</p> <p>Palpitations (heart skips a beat/pounding heartbeat) Feeling faint (lightheaded) Dizziness on standing Swelling of legs/feet Hands/feet colder than usual</p>	<p>Muscles & Joints</p> <p>Muscle pain Muscle weakness Muscle stiffness Joint pain Joint swelling Joint stiffness Muscle twitching Muscle cramping Tingling and numbness (pins and needles)</p>
<p>Fatigue</p> <p>Fatigue (physical/mental exhaustion) Low energy Tiredness (need for sleep) Worsening symptoms after activity</p>	<p>Mental Health & Wellbeing</p> <p>Lack of interest Feeling anxious Feeling sad Thoughts about self-harm Mood swings Change in appetite Feeling lonely or unsupported Feeling hopeful Loss of identity</p>
<p>Memory, Thinking & Communication</p> <p>Difficulty remembering Memory loss Brain fog Confusion/Knowing what is happening Difficulty concentrating Difficulty planning Word finding difficulty Difficulty understanding what others were saying Slurred speech Reading difficulty (not dyslexia)</p>	
<p>Movement</p> <p>Tremor (uncontrollable shaking or trembling) Balance difficulty Movement and coordination difficulty</p>	

Skin & Hair

Dry skin
 Scaly skin
 Itchy skin
 Purple-red spots on feet
 Rash
 Hives (welts or raised itchy patches of skin)
 Hair loss
 Nail changes (ridging, pitting, discolouration or brittle nails)

Female Reproductive & Sexual Health

Changes to menstrual period
 Worsening premenstrual syndrome (PMS)
 Passing blood clots during period
 Vaginal dryness
 Vaginal discharge
 Difficulty with orgasm/climax
 Decreased interest in sex

Eyes

Red or bloodshot eyes
 Dry eyes
 Itchy eyes
 Blurred and/or double vision
 Flashing lights and floaters (small dark shapes that float across your vision)
 Sensitivity to light
 Watery eyes (excessive tears)
 Pressure behind the eyes
 Pain behind the eyes
 Discomfort when blinking

Female Reproductive & Sexual Health

Changes to menstrual period
 Worsening premenstrual syndrome (PMS)
 Passing blood clots during period
 Vaginal dryness
 Vaginal discharge
 Difficulty with orgasm/climax
 Decreased interest in sex

Male Reproductive & Sexual Health

Difficulty getting/keeping an erection
 Difficulty with ejaculation
 Decreased interest in sex

Other symptoms

Fever
 Chills and shivering
 Sweating
 Hot flushes
 Aching all over the body
 Swelling of glands (lymph nodes)
 Vertigo (feeling like everything spinning around you)
 Swelling of face, lips, tongue and/or throat
 Reaction to known allergies
 Reaction to new allergies
 Loss of control of urine
 Difficulty passing urine
 Passing more urine than usual
 Increased thirst
 Mouth ulcers
 Worsening of known dental problems
 Dry mouth
 Headache

Impact on Daily Life

Work, education & organised activities
 Shopping
 Around the house
 Ability to move around
 Self-care
 Relationships
 Socialising
 Enjoyment of life