

Ticagrelor or Prasugrel in Patients with Acute Coronary Syndromes

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Risk of bias table

trial	design	Random sequence generation	Allocation concealment	Blinding of participants and personnel	Blinding of outcome assessment
Schüpke S, 2019	RCT	+	+	+	+

Trial summaries

n	Participants	Interventions	Outcomes	punchline	finding
?	Patients with Acute Coronary Syndromes, patients who presented with acute coronary syndromes and for whom invasive evaluation was planned to receive either, patients with acute coronary syndromes	ticagrelor, ticagrelor or prasugrel, prasugrel, Ticagrelor or Prasugrel	composite of death, myocardial infarction, or stroke at 1 year, bleeding	There were no significant differences in baseline characteristics between patients with complete 1-year follow-up and those with incomplete 1-year follow-up, ex-	no diff

Characteristics of studies

Schüpke S, 2019

- Population
1. Similar Cox proportional hazards models were used for the analysis of prespecified subgroups defined according to age (<75 years or ≥75 years), sex (male or female), smoking status (active smoker or not an active smoker), weight (<60 kg or ≥60 kg), the presence of diabetes mellitus (yes or no), renal function (dichotomized at the median creatinine

value), cardiogenic shock (yes or no), clinical presentation (unstable angina, NSTEMI, or STEMI), and management strategy (PCI, coronary-artery bypass grafting [CABG], or conservative treatment).

2. Patients who met all the inclusion criteria and none of the exclusion criteria were randomly assigned in consecutive order to either ticagrelor or prasugrel, with a randomization ratio of 1:1.
3. A reduced maintenance dose of 5 mg daily was recommended in patients who were 75 years of age or older and in those who had a body weight of less than 60 kg.

Intervention

1. Medicine Trial Protocol Therapy with ticagrelor was started at a loading dose of 180 mg and continued at a maintenance dose of 90 mg twice daily.
2. Therapy with prasugrel was started at a loading dose of 60 mg and continued at a maintenance dose of 10 mg once per day.
3. Patients who were assigned to ticagrelor received the loading dose as soon as possible after randomization.

Outcomes

1. The primary end point was the composite of death, myocardial infarction, or stroke at 1 year.
2. Secondary end points included the safety end point, which was the incidence of bleeding at 1 year (type 3, 4, or 5 on the Bleeding Academic Research Consortium [BARC] scale, which ranges from 0 to 5, with higher values indicating more severe bleeding), the incidence of the individual components of the primary end point at 1 year, and the incidence of definite or probable stent thrombosis at 1 year.
3. The primary end point was the composite of death, myocardial infarction, or stroke at 1 year after randomization.

Bias

Judgement

Support for judgement

Random sequence generation

low

1. Randomization In each participating center, treatment assignments were made with the use of sealed, opaque envelopes containing a computer-generated sequence that had been created at the coordinating center.
2. Randomly permuted block sizes (of four, six, or eight) were used in each stratum.
3. In patients with a coronary angiography-confirmed acute coronary syndrome who were not considered to be candidates for PCI but who were considered to be candidates for conservative therapy, dual antiplatelet therapy (aspirin and the randomly assigned trial medication) was recommended.

Allocation concealment

low

1. Randomization In each participating center, treatment assignments were made with the use of sealed, opaque envelopes containing a computer-generated sequence that had been created at the coordinating center.
2. Patients who met all the inclusion criteria and none of the exclusion criteria were randomly assigned in consecutive order to either ticagrelor or prasugrel, with a randomization ratio of 1:1.
3. Commercially available ticagrelor or prasugrel tablets were prescribed by the treating physician and purchased by the patients.

Blinding of participants and personnel

low

1. All primary and secondary end points were adjudicated and classified according to source data (e.g. discharge letters, laboratory values, catheterization reports, electrocardiograms, and angiograms) by two members of the event adjudication committee who were unaware of the trial-group assignments.
2. The analysis was performed in a modified intention-to-treat population, which included all patients who received at least one dose of the randomly assigned trial drug and were assessed for

Blinding of
outcome
assessment

low

- bleeding events up to 7 days after discontinuation of the trial drug.
3. Commercially available ticagrelor or prasugrel tablets were prescribed by the treating physician and purchased by the patients.
 1. The analysis was performed in a modified intention-to-treat population, which included all patients who received at least one dose of the randomly assigned trial drug and were assessed for bleeding events up to 7 days after discontinuation of the trial drug.
 2. All primary and secondary end points were adjudicated and classified according to source data (e.g. discharge letters, laboratory values, catheterization reports, electrocardiograms, and angiograms) by two members of the event adjudication committee who were unaware of the trial-group assignments.
 3. Although the adjudication of end points was performed in a blinded manner, the open-label nature of the trial remains a limitation.

References

1. Schüpke S et al. Ticagrelor or Prasugrel in Patients with Acute Coronary Syndromes *N. Engl. J. Med.* 2019. 16(11); 1524-1534 PMID: 19717846